

**University of Iowa
Hospitals & Clinics**

**Department of Nursing
Services and Patient Care
Nursing Clinical Education Center
4 West, General Hospital
319-356-1238 Tel**

2021 Date/Location:

Wednesday, January 27,
2021
W414, NCEC, GH

Intended Audience:

UIHC Behavioral Health Nursing staff.

Fees & Credits:

There is no registration fee for UIHC staff to attend this course or to receive optional CE credits.

7.25 contact hours will be granted by UIHC Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit. Credits are awarded following the session.

Pre-registration:

All BHS staff must pre-register by contacting their NM or ANM.

Registration Deadline: One week prior to course date.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319)356-1238.

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BHS Certification Review Course

Sponsored by Behavioral Health Nursing Department

Purpose/Description:

The purpose of this program is to provide UIHC psychiatric-mental health nurses education and preparation for earning their professional nursing certification. A comprehensive overview of the content related to psychiatric-mental health nursing practice will be given. Application of this content will be accomplished through completing sample nursing certification test questions. In addition, participants will be guided on the development of a post-course "personal action plan for success" in taking the professional nursing certification exam. Achieving this credential validates an individual's knowledge, skills, and competence in the specialty area of psychiatric-mental health nursing. This recognition of excellence promotes the University of Iowa Hospitals and Clinics (UIHC) Magnet culture.

Objectives:

1. Explain the purpose, process, and benefits of earning professional nursing certification.
2. Describe the psychiatric-mental health nursing test content outline for the American Nurses Credentialing Center (ANCC) professional nursing certification.
3. Review the major theoretical frameworks and foundational concepts that support psychiatric-mental health nursing.
4. Differentiate between the basic and advanced psychiatric-mental health nursing practice roles.
5. Discuss evidence-based psychiatric nursing practice issues, including the nursing process, scope of practice, and standards of care.
6. Describe the neuroscience and clinical presentation of the primary psychiatric disorders.
7. Review psychopharmacology and other psychiatric treatment modalities used in psychiatric-mental health care.
8. Discuss leadership, management and research issues related to psychiatric-mental health nursing.
9. Develop and apply test-taking strategies to psychiatric-mental health nursing exam questions.

Speaker: Lisa Kongable, MA, PMH-CNS-BC, ARNP, CNE, Behavioral Health Services, Department of Nursing Services and Patient Care

Schedule:

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| 7:15 am | Registration |
| 7:30 | Welcome to BHS Certification Review Course |
| 7:45 | Purpose and Process of ANCC Professional Certification and Psychiatric-Mental Health Nursing Test Content Outline |
| 8:45 | Major Theoretical Frameworks and Foundational Concepts Related to Psychiatric-Mental Health Nursing |
| 9:45 | Break |
| 10:00 | Differentiation Between the Basic and Advanced Practice Roles in Psychiatric Nursing, Evidence-based Psychiatric Nursing Practice, and Leadership and Management Issues |
| 11:00 | Neuroscience and Clinical Presentation of the Major Psychiatric Disorders |
| 12:00 | Lunch |
| 12:30 | Neuroscience and Clinical Presentation of the Major Psychiatric Disorders, continued |
| 1:00 | Psychopharmacology and Psychiatric Treatment Modalities |
| 2:15 | Break |
| 2:30 | Putting It to the Test! Test-taking Strategies and Application to Psychiatric-Mental Health Nursing Exam Questions |
| 4:00 | Evaluation/CE Recording/Adjourn |